

# Phoenix Rising

For women seeking a way out of addiction & in pursuit of a new way for living

- 12-week **FREE** Aftercare Program for women ages 16+ who have attended an inpatient or outpatient addictions treatment program



Program runs every 12 weeks– Please call to see when the next session begins!

**THURSDAYS**  
**10:30AM-12:30PM**  
**150 Richmond St.,**  
**Chatham**

**Registration Required**

Call **519-397-5455 Ext. 3** to register or for more information

# SWEET Recovery

Support **Will Encourage Extraordinary Things**

- **FREE** Peer support group for women ages 16+ in any stage of recovery



**150 Richmond St. Chatham:**  
**WEDNESDAYS 1:30-3:00PM**

**No registration required- Just Drop In!**