Phoenix Rising

For women seeking a way out of addiction & in pursuit of a new way for living

 12-week FREE Aftercare Program for women ages
 16+ who have attended an inpatient or outpatient addictions treatment program



Program runs every 12 weeks— Please call to see when the next session begins!

THURSDAYS
10:30AM-12:30PM
150 Richmond St.,
Chatham

SWEET Recovery

Support Will Encourage Extraordinary Things

• **FREE** Peer support group for women ages 16+ in any stage of recovery

150 Richmond St. Chatham: WEDNESDAYS 1:30-3:00PM



Registration Required

Call **519-397-5455 Ext. 3** to register or for more information

No registration required-dust Drop InI







Association canadienne pour la santé mentale Filiale de Lambton Kent La santé mentale pour tous